

Sculpting Clay

OR

How I Became Mother of Unicorns



**A One Woman Play and Workshop
For School Professionals**

Sculpting Clay or How I Became Mother of Unicorns



Sculpting Clay or How I Became Mother of Unicorns is a coming of age tale of one woman's attempts to navigate the fantastical journey of her dreams while repeatedly being drawn into the complicated, often dark realities that her students face: self-actualization, oppressive systems in schools and underserved communities, incarceration, and even death.

The play addresses a silently increasing problem—secondary traumatic stress in educators. Weaving in and out of fantasy, *Sculpting Clay or How I Became Mother of Unicorns* uses projections and live action narrative to bring to life the epic voyage we each must take in order to actualize our dreams., while making a difference in the lives of our students.

It reminds us that each journey through life is perfectly crooked and that each character we meet challenges us to be the best possible hero we can be.



AYESIS CLAY

Ayesis Clay is a multi-faceted theatre professional, arts integration specialist and facilitator. For 14 years, Ayesis served as the Theatre Department Chairperson for the Center for the Visual and Performing Arts at Suitland High School (MD). During that time, she sat on the Prince George's County Theatre Advisory Board where she mentored fellow teachers and created programming and curriculum for the county.

Clay holds a Bachelor's degree in Theatre, a Master's degree in Curriculum and Instruction, and is a certified Arts Integration Specialist. She has taught within the Maryland Juvenile Corrections and in large, urban high schools with a high number of students who experienced trauma in and out of the school system. Additionally, she trained with Kaiser Permanente as a teaching artist and facilitator for school programs that address using a trauma sensitive approach with interactions with students.

Largely inspired by her personal experience are her most recent works. These plays, *Standing on the Edge* and *Sculpting Clay or How I Became the Mother of Unicorns*, are both currently touring the US.



Professional Development

Educational Objectives:

- Develop supportive relationships with colleagues
- Respond and reflect on the importance of self care
- Practice self-regulation skills that can be used during difficult times
- Create an organizational plan for mitigating staff stress and teacher burnout

Program Information:

Time: 2 hours (1 hour for performance, 1 hour for Learning Session)

Audience: Teachers, school staff, administrators, mentors

Number of Participants: 25-50

Venue Requirements:

- A large open room that accommodates number of participants (auditorium/ cafeteria/ room with a "performance space" preferred)
- A screen/blank wall to project onto

Set up time: Minimum of 1 hour before the session begins

Tear down time: Minimum of 30 minutes after the session ends

BOOKINGS AND MORE INFORMATION

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